Madison Reynolds

Senior Seminar A

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**Annotated Source #5:**

Libal, Autumn. *Runaway Train: Youth With Emotional Disturbance (Youth With Special Needs)*. Broomall: Mason Crest Publishers, 2007. Print.

*Runaway Train: Youth With Emotional Disturbance (Youth With Special Needs),* was another research aid offered to me by Dr. Valenza. This book was different than any other books I’ve read in that it combines a fictional story about a girl named Sheila with information following up on every chapter. Because of the different stance it took it was much easier to understand and keep up with. This is the only book where I’ve examined and read every page in detail. The author does not demonstrate a thesis and I’m not exactly sure what category I would classify the book into but, as with the other books I’ve read for my project, the author demonstrates that youth depression is an important issue that needs to be handled. Accredited author Autumn Libal is another expert on child psychology and demonstrates the different steps needed to detect youth depression in a way that no other resource has shown me yet. It is a well-researched study put also in the form of a story. Libal shows much knowledge on the topic and I’m sure the information I’ve learned from this resource will help benefit me in the future with my topic.